



# Training and Certification Specialist Professionals Basic Level –

*Basic Laparoscopy (L1)*  
*Basic Hysteroscopy (H1)*

**March 1st to 3rd, 2024**

Leuven

A joint organisation from Liege and Leuven Diploma Centers

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Dr S. Karampelas  
Dr I. Argay

**Trainers:**

Dr S. Karampelas  
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## Programme

### Day 1 March 1<sup>st</sup>, 2024

08h30 Welcoming of participants

09h00 ID on OSP Platform

09h45 GESEA Educational Programme

10h00 LASTT Basic Level Training

**Exercise 1: camera navigation**

10-15 repetitions per participant  
(each rep. 2' max)

**Exercise 2: hand-eye coordination**

15 repetitions per participant  
(each rep. 3' max)

**Exercise 3: bi-manual coordination**

10-15 repetitions per participant  
(each rep. 3' max)

11h45 *Coffee Break*

12h00 HYSTT Basic level Training

**Exercise 1: camera navigation**

10-15 repetitions per participant  
(each rep. 3' max)

**Exercise 2: hand-eye coordination**

15 repetitions per participant  
(each rep. 3' max)

12h45 *Lunch Break*

14h00 **Suturing Course**

- Basic loading techniques (loading the needle 90° angle);
- Stitching in the perfect stitch line with dominant hand;
- Loading the needle for open angle (two techniques);
- Stitching in the central line with dominant hand;
- Intra-corporeal knotting techniques (Gladiator Technique)

16h00 *Coffee Break*

16h30 Final practical exercise

18h00 Closure

### Day 2 March 2<sup>nd</sup>, 2024

08h30 SUTT Basic Level Training

Suturing and knot tying Training and Testing: five stitches in the central line and one intracorporeal knot.

18h00 Closure

### Day 3 March 3<sup>rd</sup>, 2024 - Certification

08h30 Welcoming of participants

09h00 Practical skills test

12h00 Theoretical exam

13h00 Closure